

Consider Your Journey With Dysport[®]

Understanding & Creating Treatment Goals



Before you begin your treatment journey with Dysport, it's important to carefully consider your treatment goals and the role they can play in getting the best possible outcome.

Treatment goals should be carefully considered and discussed with your care team, including your doctor and physical therapist, and anyone else involved in your care.

Setting the right treatment goals is critical, along with understanding what else may be required for the best possible outcome from treatment with Dysport.

What is DYSPORT?

DYSPORT is a prescription medicine that is injected into muscles and used to treat:

- increased muscle stiffness in people 2 years of age and older with spasticity
- cervical dystonia in adults

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about DYSPORT?

DYSPORT may cause serious side effects that can be life threatening. These problems can happen within hours, or days to weeks after an injection of DYSPORT. Call your doctor or get medical help right away if you have any of these problems after treatment with DYSPORT:

- **Problems swallowing, speaking, or breathing.** These problems can happen within hours to weeks after an injection of DYSPORT due to weakening of associated muscles. Death can happen as a complication if you have severe problems with swallowing or breathing after treatment with DYSPORT. Swallowing problems may last for several weeks. People with certain pre-existing swallowing or breathing problems have the highest risk of getting these problems.
- **Spread of toxin effects.** In some cases, the effect of botulinum toxin may affect areas of the body away from the injection site and cause symptoms of a serious condition called botulism including loss of strength and muscle weakness all over the body, double or blurred vision, drooping eyelids, hoarseness or change or loss of voice, trouble saying words clearly, loss of bladder control, and trouble breathing or swallowing.

These symptoms can happen within hours to weeks after you receive an injection of DYSPORT. These problems could make it unsafe for you to drive a car, operate machinery, or do other dangerous activities.

Please see additional Important Safety Information throughout and accompanying full [Prescribing Information](#), including [Medication Guide](#) with **IMPORTANT WARNING.**

Spasticity, treatment goals, and expectations

What is spasticity?

Spasticity is a condition that causes spasms and stiffness in your arms, legs, or both, interfering with movement and your ability to perform simple tasks, such as walking or dressing. Spasticity can take on many forms. These are some of the most common:

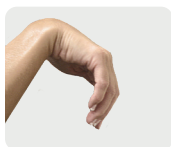
Adult Upper Limb Spasticity



Flexed elbow



Clenched fist



Flexed wrist

Adult Lower Limb Spasticity



Equinovarus foot



Plantar flexed foot/ankle



Flexed toes

How does Dysport work?

Dysport is a prescription medicine that is injected directly into affected arm or leg muscles by a specialist. It helps to temporarily block signals from the brain that tell the affected muscles to contract or tighten.

Dysport helped reduce muscle stiffness in the upper and lower limb muscles.

- In the clinical trials, doctors assessed the improvement in muscle stiffness in the upper and lower limb muscles at Week 4.
- Many people did not need retreatment until Weeks 12-16 and some had a longer duration of response.
- In a clinical trial of 238 adults with upper limb spasticity due to stroke or traumatic brain injury, about half of the patients had never received botulinum toxin treatment previously. At Week 4, doctors assessed improvement in muscle stiffness (elbow, wrist, and finger muscles) and overall responsiveness to treatment.
- In a clinical trial of 381 adults with lower limb spasticity due to stroke or traumatic brain injury; about 2 out of 3 had never received botulinum toxin treatment previously. At Week 4, doctors assessed improvement in muscle stiffness.

IMPORTANT SAFETY INFORMATION (continued)

Who should not receive DYSPORT?

Do not receive DYSPORT if you: are allergic to DYSPORT or any of its ingredients, or to cow's milk protein; had an allergic reaction to any other botulinum toxin product such as Myobloc®, Botox®, or Xeomin®; have a skin infection at the planned injection site.

What are treatment goals?

Treatment goals are simply that—goals for your treatment. They are a way of capturing your expectations and what you want to do.

Potential activities you may wish to track and improve upon during your treatment journey:

- Dressing affected limb
- Splint application
- Housework/cooking
- Limb hygiene
- Therapy/positioning
- Work-related activities
- Nail care
- Eating/drinking
- Writing/typing
- Recreation
- Washing/dressing
- Sleeping

Be sure to tell your doctor if you're not reaching your desired goals.

Set your Dysport treatment goals

It is important that you discuss these goals with your care team, and that they are:

Realistic - discuss how Dysport may help

Iterative - reevaluate over time

Clear - mutually understood in discussion with your doctor

Outcome-focused and aligned with what you want to do, not just what is possible

List YOUR treatment goals

You can circle goals from the list above or fill in your own. Be sure to revisit your goals every few months to track your progress.

IMPORTANT SAFETY INFORMATION (continued)

What should I tell my doctor before receiving DYSPORT?

Tell your doctor about all your medical conditions, including if you:

- have a disease that affects your muscles and nerves, such as amyotrophic lateral sclerosis (ALS or Lou Gehrig's disease), myasthenia gravis, or Lambert-Eaton syndrome
- have allergies to any botulinum toxin product or had any side effect from any botulinum toxin product in the past

Please see additional Important Safety Information throughout and accompanying full [Prescribing Information](#), including [Medication Guide](#) with **IMPORTANT WARNING**.

 **Dysport**[®]
(abobotulinumtoxinA)

Treatment with Dysport may be a journey.

What can you expect?

You may require multiple rounds of injections to help reduce muscles stiffness in both upper and lower limb spasticity. Each round of injections may be effective up to 12 to 16 weeks or longer, but should not be retreated sooner than 12 weeks after the previous injection.

- Talk to your doctor about how many rounds of injections might be needed – and when you should schedule those.
- Response to treatment may be different for each patient, so be sure to talk to your doctor regularly during treatment.
- **And always remember to talk to your doctor about scheduling a future appointment during each treatment.**

Above all, try and stay positive and focus on the progress you're making.

Record your progress:



- ✓ **The day of your injection**



- ✓ **4 weeks after injection**
This is when you should return to your doctor to evaluate the success of the injection and any changes needed



- ✓ **After 12 weeks or longer**
Your doctor may give you another dose, if it's needed

Written notes and videos

Along your treatment journey, note your progress and consider getting your care partner to capture a video from your smartphone that demonstrates your current muscle coordination. Keep these videos stored and organized. Review them with your doctor at your next appointment.



Follow this cycle throughout your treatment and note any improvements—even subtle progress—or setbacks. **Be sure to schedule your next doctor visit to continue your Dysport treatment journey.**

IMPORTANT SAFETY INFORMATION (continued)

What should I tell my doctor before receiving DYSPORT?

Tell your doctor about all your medical conditions, including if you:

- have or have had problems with breathing (such as asthma or emphysema), swallowing, or bleeding
- have diabetes
- have or have had a slow heartbeat, or other problem with your heart rate or rhythm
- have plans to have surgery or had surgery on your face
- have weakness in or near your muscles being treated, drooping eyelids, experienced dry eye with previous use of botulinum toxin products, or any other change in the way your face normally looks
- are pregnant (or plan to be) or breast-feeding (or planning to)

IPSEN CARES[®] offers dedicated resources for people being treated with Dysport[®]

IPSENCARES[®]

Coverage, Access, Reimbursement & Education Support

IPSEN CARES[®] can help you get access to your prescribed medication and the information and support you need. **With copay assistance* patients may pay as little as \$0 per prescription.**



Coverage



Access



Reimbursement



Education Support

*For eligible patients. See the full Terms and Conditions at [IPSENCARES.com](https://www.ipsecares.com).

Appointment reminders

Sign up to receive text message or phone call reminders for upcoming appointments with IPSEN CARES. Visit [IPSENCARES.com](https://www.ipsecares.com) to learn more.

IMPORTANT SAFETY INFORMATION (continued)

What should I tell my doctor before receiving DYSPORT?

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal products. Using DYSPORT with certain other medicines may cause serious side effects. **Do not start any new medicines until you have told your doctor that you have received DYSPORT in the past. Especially tell your doctor if you:** have received any other botulinum toxin product in the last four months or any time in the past (be sure your doctor knows exactly which product you received); have recently received an antibiotic by injection; take muscle relaxants, an allergy or cold medicine, or a sleep medicine.

What are the possible side effects of DYSPORT?

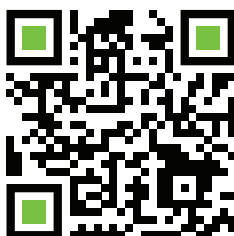
- **The most common side effects in adults with upper limb spasticity** include muscle weakness; **in adults with lower limb spasticity** include muscle weakness, pain in arms or legs, and falls
- **The most common side effects in children (2 to 17 years of age) with upper limb spasticity** include upper respiratory tract infection and sore throat; **in children with lower limb spasticity** include stuffy or runny nose, sore throat, cough, and fever
- **The most common side effects in people with cervical dystonia** include muscle weakness, muscle pain, difficulty swallowing, dry mouth, problems speaking, injection site pain or discomfort, feeling of tiredness, eye problems, and headache

Tell your doctor if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DYSPORT. For more information, ask your doctor or pharmacist. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see additional Important Safety Information throughout and accompanying full [Prescribing Information](#), including [Medication Guide](#) with **IMPORTANT WARNING**.

 **Dysport[®]**
(abobotulinumtoxinA)

We're here to help you on your journey



For additional support and information, visit Dysport.com or scan this code.

Keep this guide as a reminder to check in on how you are progressing on your Dysport treatment journey goals.

Please see Important Safety Information throughout and accompanying full [Prescribing Information](#), including [Medication Guide](#) with IMPORTANT WARNING on Distant Spread of Toxin Effect.



Dysport® (abobotulinumtoxinA) for injection, for intramuscular use 300- and 500-Unit vials.

Dysport is a registered trademark of Ipsen Biopharm Limited.

IPSEN CARES is a registered trademark of Ipsen S.A.

Botox, Xeomin, and Myobloc are registered trademarks of their respective owners.

©2024 Ipsen Biopharmaceuticals, Inc. March 2024 DYS-US-008243 V2.0

