

SPASTICITY TREATMENT DISCUSSION GUIDE

Assessing your therapy plan and how
you're progressing with your goals



What is Dysport?

Dysport is a prescription medicine that is injected into muscles and used to treat:

- increased muscle stiffness in patients 2 years of age and older with upper and lower limb spasticity
- cervical dystonia (CD) in adults

IMPORTANT SAFETY INFORMATION

What is the most important safety information I should know about Dysport?

Dysport may cause serious side effects, including problems breathing or swallowing and/or spread of toxin effects, that can be life threatening and death can happen as a complication. These problems can happen within hours, or days to weeks after an injection of Dysport.

Please see additional Important Safety Information throughout and [Full Prescribing Information](#), including [Medication Guide with Important Warning](#).

 **Dysport**[®]
(abobotulinumtoxinA)

This guide is designed to help you assess your condition and current spasticity treatment plan to determine if you may be an appropriate patient for a botulinum toxin.

We recommend completing this questionnaire and sharing with your physical therapist (PT) or occupational therapist (OT).

Share your answers with an injection specialist at your next appointment.

1 Which of the following symptoms do you experience? Check all that apply.

ADULT UPPER LIMB SPASTICITY

- Muscle stiffness or tightness
- Muscle spasms
- Other _____
- None

ADULT LOWER LIMB SPASTICITY

- Muscle stiffness or tightness
- Muscle spasms
- Other _____
- None

2 How often do your symptoms impact your daily activities?

- Rarely
- Sometimes
- Most of the time
- All of the time

3 Which exercise, stretching routine, or physical activity do you find most challenging to perform during your PT and/or OT sessions?

Helpful hint: Use your phone to record yourself performing the challenging PT/OT activity so you can share the video with your spasticity specialist.

4 Are you currently taking any oral medications to treat spasticity?

- No
- Yes (which ones) _____

5 Are you currently receiving, or have you ever received, botulinum toxin injections?

- No
- Yes (which ones) _____ From _____ To _____
(month/year) (month/year)

IMPORTANT SAFETY INFORMATION

What is the most important safety information I should know about Dysport? (continued)

- **Problems swallowing, breathing, or speaking.** Treatment with Dysport can result in swallowing or breathing problems. People with pre-existing swallowing or breathing problems may be at greater risk following treatment with Dysport. Swallowing problems may last for several weeks; you may need a feeding tube to receive food or water. If swallowing problems are severe, food or liquids may go into your lungs.

6 What challenges or concerns do you have with your current medication(s) for spasticity?

Check all that apply.

- | | | |
|--|---------------------------|-------|
| None | Side effects (which ones) | Other |
| They don't provide enough symptom relief | _____ | _____ |
| They don't work long enough | _____ | _____ |
| I sometimes forget to take them | _____ | _____ |

7 What are you hoping to achieve from your treatment? Check all that apply.

- | | | |
|-----------------------------|--|---------------------------------------|
| Less stiffness or tightness | Treatment lasting longer | Feeling like I can do more physically |
| Less pain | Improved results during PT/OT sessions | |

8 What other goals do you hope to achieve through treatment?

Next step. Check all that apply.

- Find a Dysport specialist who is trained to administer botulinum toxin treatment
- Talk to your specialist about adding a botulinum toxin like Dysport to your treatment plan
- Visit IpsenCares.com to learn about available patient support for Dysport

If you want to add a Dysport injector to your care team, our Injector Locator search tool can help you find one in your area.



SCAN HERE
or visit
[Dysport.com/Injector](https://www.dysport.com/injector)

IMPORTANT SAFETY INFORMATION

- **Spread of toxin effects.** The effects of botulinum toxin may affect areas of the body away from the injection site and cause symptoms of a serious condition called botulism which include: loss of strength and muscle weakness all over the body, double or blurred vision, and drooping eyelids, hoarseness or change or loss of voice, trouble saying words clearly, loss of bladder control, and trouble breathing or swallowing. The risk of these symptoms is probably greatest in children treated for spasticity. These problems could make it unsafe for you to drive a car, operate machinery, or do other dangerous activities.

Call your doctor or get medical help right away if you experience these problems after treatment with Dysport.

Please see additional Important Safety Information throughout and Full Prescribing Information, including Medication Guide with Important Warning.



To discover why Dysport may be an appropriate treatment option in addition to physical or occupational therapy, talk to your doctor or visit [Dysport.com/Discuss](https://www.dysport.com/Discuss).



IMPORTANT SAFETY INFORMATION

What is the most important safety information I should know about Dysport? (continued)

Do not receive a Dysport injection if: you are allergic to Dysport or any of its ingredients, or cow's milk protein; you had an allergic reaction to any other botulinum toxin product, such as Myobloc®, Botox®, or Xeomin®; or you have a skin infection at the planned injection site.

Before you receive a Dysport injection tell your doctor:

- **About all your medical conditions**, including if you have a disease that affects your muscles and nerves (such as ALS or Lou Gehrig's disease [amyotrophic lateral sclerosis], myasthenia gravis, or Lambert-Eaton syndrome). You may be at increased risk of serious side effects, including difficulty swallowing or breathing.
- **If you have or have had any of the following:** a side effect from any botulinum toxin in the past; problems with breathing such as asthma or emphysema; swallowing; bleeding; diabetes; and slow heartbeat, or problems with your heart rate or rhythm.
- **If you have plans to have surgery**, had surgery on your face, have weakness of your forehead muscles (trouble raising your eyebrows), drooping eyelids, or any other change in the way your face normally looks.
- **If you are pregnant or breastfeeding or plan to become pregnant or breastfeed.** It is not known if Dysport can harm your unborn baby or if it passes into breast milk.
- **About all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal products. Using Dysport with certain other medicines may cause serious side effects. **Do not start any new medicines until you have told your doctor that you have received Dysport in the past.**

Especially tell your doctor if you have received any other injections of botulinum toxin in the last four months or ever; Myobloc®, Botox®, or Xeomin® (exactly which ones); an antibiotic recently by injection; or if you take muscle relaxants; allergy, cold or sleep medicine.

Most Common Side effects of Dysport in:

- **adults with lower limb spasticity include:** fall, muscle weakness, pain in your arms or legs.
- **adults with upper limb spasticity include:** muscle weakness.
- **children (2 to 17 years of age) with upper limb spasticity include:** upper respiratory infection and sore throat.
- **children (2 to 17 years of age) with lower limb spasticity include:** upper respiratory infection, stuffy or runny nose and sore throat, cough, and fever.
- **adults with cervical dystonia include:** muscle weakness, difficulty swallowing, dry mouth, injection site discomfort, tiredness, headache, muscle pain, problems speaking, injection site pain and eye problems.

Tell your doctor if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of Dysport. For more information, ask your doctor or pharmacist. You may report side effects to the FDA at www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see additional Important Safety Information throughout and Full [Prescribing Information](#), including [Medication Guide with Important Warning](#).



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