

# Discussing Dysport With Your Doctor



## Ask your doctor if Dysport could be right for you or your loved one

It's important to find the right treatment for your spasticity or cervical dystonia. This guide will help you think through your treatment goals and, with your doctor's help, determine if Dysport may be right for you or your loved one.

Complete the 5 questions below. Then take this guide to your next doctor's appointment. While you discuss treatment options with your doctor, you can reference this guide.

**Dysport is a prescription medicine that is injected into muscles and used to treat:**

- cervical dystonia (CD) in adults
- increased muscle stiffness in adults with spasticity
- increased muscle stiffness in children 2 years of age and older with lower limb spasticity

It is not known whether Dysport is safe or effective in children under 2 years old for the treatment of lower limb spasticity; for treating other types of muscle spasms; or for treating cervical dystonia or upper limb spasticity in children under 18 years of age.

**Let's get started.**

**1** Which condition(s) are you or your loved one suffering from? Select any of the options below.

Adult Upper Limb Spasticity  
*(muscle spasms and stiffness in the arms, hands, and fingers)*

Adult Lower Limb Spasticity  
*(muscle spasms and stiffness in the legs)*

Adult Cervical Dystonia  
*(muscle spasms or stiffness in the neck muscles, causing neck pain and causing the head to twist and turn to one side, or uncontrollably tilt forward and backward)*

Pediatric Lower Limb Spasticity  
*(muscle spasms and stiffness in the legs; frequently affects children with cerebral palsy)*

## What is the most important information I should know about Dysport?

**Dysport may cause serious side effects, including problems breathing or swallowing and/or spread of toxin effects, that can be life threatening and death can happen as a complication. These problems can happen within hours, or days to weeks after an injection of Dysport.**

- **Problems swallowing, breathing, or speaking.** Treatment with Dysport can result in swallowing or breathing problems. People with pre-existing swallowing or breathing problems may be at greater risk following treatment with Dysport. Swallowing problems may last for several weeks; you may need a feeding tube to receive food or water. If swallowing problems are severe, food or liquids may go into your lungs.

 **Dysport**<sup>®</sup>  
(abobotulinumtoxinA)

2 Using the condition(s) selected from Question 1, check off any symptom(s) that you are currently experiencing or have experienced in the past.

Adult Upper Limb Spasticity:

- muscles contract or tense up
- involuntary muscle spasms
- muscle stiffness or tightness
- other
- none

Adult Lower Limb Spasticity:

- muscles contract or tense up
- involuntary muscle spasms
- muscle stiffness or tightness
- other
- none

Adult Cervical Dystonia:

- neck muscles tighten or spasm
- head turning, pulling in one direction, or shaking
- involuntary contractions in your neck that cause it to make uncontrolled movements or stay in an abnormal position
- head tilting backward or forward
- head turning or tilting to the side
- pain
- other
- none

Pediatric Lower Limb Spasticity:

- increased muscle stiffness or tight calf muscles
- involuntary muscle spasms
- abnormal position of the muscles
- walking on toes or ankles that can't flex
- foot pointing down and in (called equinus foot deformity)
- other
- none

What is the most important information I should know about Dysport? (continued)

- **Spread of toxin effects.** The effects of botulinum toxin may affect areas of the body away from the injection site and cause symptoms of a serious condition called botulism which include: loss of strength and muscle weakness all over the body, double or blurred vision, and drooping eyelids, hoarseness or change or loss of voice, trouble saying words clearly, loss of bladder control, and trouble breathing or swallowing. The risk of these symptoms is probably greatest in children treated for spasticity. These problems could make it unsafe for you to drive a car, operate machinery, or do other dangerous activities.

**Call your doctor or get medical help right away if you experience these problems after treatment with Dysport.**

**Do not receive a Dysport injection if:** you are allergic to Dysport or any of its ingredients, or cow's milk protein; you had an allergic reaction to any other botulinum toxin product, such as Myobloc®, Botox®, or Xeomin®; or you have a skin infection at the planned injection site.

**3** How much impact does your (or your loved one's) condition have on your (or your loved one's) daily activities?

No impact

Impacts some of daily activities

Impacts half of daily activities

Impacts a lot of daily activities

**4** What are you (or your loved one) currently using to help with the condition(s)? For each treatment or therapy you've been prescribed:

In the chart below, please enter the following information:

- Enter how long you've been on each treatment or therapy
- Enter how often you receive your treatment or therapy
- Enter how long each treatment or therapy session typically helps your symptoms until your next injection, dose, or therapy session

Treatment/Therapy	Date when first prescribed	How often treatment or therapy is taken/given	Typical length of symptom relief between treatments or therapy sessions (enter weeks or months)
Botulinum toxin injection			
Physical therapy			
Oral medication			
Occupational therapy			
Baclofen pump			
Other			
None			

**Before you receive a Dysport injection tell your doctor:**

- **About all your medical conditions**, including if you have a disease that affects your muscles and nerves (such as ALS or Lou Gehrig's disease [amyotrophic lateral sclerosis], myasthenia gravis, or Lambert-Eaton syndrome). You may be at increased risk of serious side effects, including difficulty swallowing or breathing.
- **If you have or have had any of the following:** a side effect from any botulinum toxin in the past; problems with breathing such as asthma or emphysema; swallowing; bleeding; diabetes; and slow heartbeat, or problems with your heart rate or rhythm.
- **If you have plans to have surgery**, had surgery on your face, have weakness of your forehead muscles (trouble raising your eyebrows), drooping eyelids, or any other change in the way your face normally looks.
- **If you are pregnant or breastfeeding or plan to become pregnant or breastfeed.** It is not known if Dysport® can harm your unborn baby or if it passes into breast milk.
- **About all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal products. Using Dysport with certain other medicines may cause serious side effects. **Do not start any new medicines until you have told your doctor that you have received Dysport in the past.**



5 What are you (or your loved one) hoping to achieve from treatment? Select any of the options below.

reduce stiffness in muscles

a long time between treatments

improve on daily activities

Use the space below to list any additional treatment goals.

When considering Dysport, what else should you talk to your doctor about? Here are some examples of questions you might ask:

- What is Dysport?
- How does Dysport work?
- What are the possible side effects of Dysport?
- How will I know if Dysport is working?
- How long will the effects of Dysport last?
- Is Dysport something that may be right for me or my loved one?
- Will my insurance cover Dysport?
- What options do I have if Dysport is not covered by my insurance?
- Where can I get help with insurance issues or out-of-pocket costs related to treatment?

Remember, the more you're able to share with your doctor, the better he or she will be able to help create a treatment plan that works best for you or your loved one.

Before you receive a Dysport injection tell your doctor (continued):

**Especially tell your doctor if you have received** any other injections of botulinum toxin in the last four months or ever; Myobloc®, Botox®, or Xeomin® (exactly which ones); an antibiotic recently by injection; or if you take muscle relaxants; allergy, cold or sleep medicine.

Most common side effects of Dysport in:

- **adults with upper limb spasticity include:** urinary tract infection, muscle weakness, musculoskeletal pain, fall, depression, stuffy or runny nose and sore throat, and dizziness.
- **adults with lower limb spasticity include:** muscle weakness, pain in your arms or legs, and fall.
- **people with cervical dystonia include:** muscle weakness, dry mouth, feeling of tiredness, muscle pain, problems speaking, eye problems, difficulty swallowing, injection site pain, and headache.
- **children (2 to 17 years of age) with lower limb spasticity include:** upper respiratory infection, stuffy or runny nose and sore throat, flu, cough, and fever.

**Tell your doctor if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of Dysport. For more information, ask your doctor or pharmacist.** You may report side effects to the FDA at [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

Please see accompanying Full [Prescribing Information](#) including **Boxed Warning** and accompanying [Medication Guide](#).



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