

# Discussing Dysport With Your Doctor



## Ask your doctor if Dysport could be right for you or your loved one

It's important to find the right treatment for your spasticity or cervical dystonia. This guide will help you think through your treatment goals and, with your doctor's help, decide if Dysport may be right for you or your loved one.

Please answer the questions below and when finished, you can print your personalized guide and share it with your doctor.

### Dysport is a prescription medicine that is injected into muscles and used to treat:

- increased muscle stiffness in adults with lower and upper limb spasticity
- increased muscle stiffness in children 2 years of age and older with upper limb spasticity, excluding spasticity caused by cerebral palsy
- increased muscle stiffness in children 2 years of age and older with lower limb spasticity
- cervical dystonia (CD) in adults

It is not known whether Dysport is safe or effective in children under 2 years old for the treatment of spasticity; for treating other types of muscle spasms; or for treating cervical dystonia in children under 18 years of age.

### Let's get started.

## 1a Have you or your loved one experienced any of the following conditions? Check off any symptoms you or your loved one has experienced.

#### Adult Upper Limb Spasticity:

(muscle tightness in the arms, hands, and fingers)

- tightness in muscles
- muscle spasms
- muscle stiffness or tightness
- other

none

#### Pediatric Upper Limb Spasticity:

(muscle tightness in the arms, hands, and fingers)

- tightness in muscles
- muscle spasms
- muscle stiffness or tightness
- other

none

#### Adult Lower Limb Spasticity:

(muscle tightness in the legs)

- muscles contract or tense up
- muscle spasms
- muscle stiffness or tightness
- other

none

#### Pediatric Lower Limb Spasticity:

(muscle tightness in the legs)

- more muscle stiffness
- tightness in calves
- muscle spasms
- unusual position of the muscles
- walking on toes or ankles that can't bend

foot pointing downward and towards the center of your body (called equinus foot deformity)

other

none

#### Adult Cervical Dystonia:

(muscle tightness in the neck)

- neck muscle tightness
- head turning, pulling, or shaking in one direction
- contractions in your neck that you can't control
- head tilting backward or forward
- head turning or tilting to the side
- pain
- other

none

## What is the most important safety information I should know about Dysport?

Dysport may cause serious side effects, including problems breathing or swallowing and/or spread of toxin effects, that can be life threatening and death can happen as a complication. These problems can happen within hours, or days to weeks after an injection of Dysport.

**Print this form and bring it with you to your next doctor's appointment.  
Ask if Dysport may be right for you.**

 **Dysport**<sup>®</sup>  
(abobotulinumtoxinA)

2 How much does your muscle tightness impact your daily activities? Daily activities can include using stairs, washing hands, sleeping etc.

No impact

Impacts some of daily activities

Impacts half of daily activities

Impacts a lot of daily activities

3 With your current treatment or therapy, how long does your symptom relief last between sessions?

What is the most important safety information I should know about Dysport? (continued)

- **Problems swallowing, breathing, or speaking.** Treatment with Dysport can result in swallowing or breathing problems. People with pre-existing swallowing or breathing problems may be at greater risk following treatment with Dysport. Swallowing problems may last for several weeks; you may need a feeding tube to receive food or water. If swallowing problems are severe, food or liquids may go into your lungs.
- **Spread of toxin effects.** The effects of botulinum toxin may affect areas of the body away from the injection site and cause symptoms of a serious condition called botulism which include: loss of strength and muscle weakness all over the body, double or blurred vision, and drooping eyelids, hoarseness or change or loss of voice, trouble saying words clearly, loss of bladder control, and trouble breathing or swallowing. The risk of these symptoms is probably greatest in children treated for spasticity. These problems could make it unsafe for you to drive a car, operate machinery, or do other dangerous activities.

Call your doctor or get medical help right away if you experience these problems after treatment with Dysport.

**Do not receive a Dysport injection if:** you are allergic to Dysport or any of its ingredients, or cow's milk protein; you had an allergic reaction to any other botulinum toxin product, such as Myobloc®, Botox®, or Xeomin®; or you have a skin infection at the planned injection site.

Before you receive a Dysport injection tell your doctor:

- **About all your medical conditions,** including if you have a disease that affects your muscles and nerves (such as ALS or Lou Gehrig's disease [amyotrophic lateral sclerosis], myasthenia gravis, or Lambert-Eaton syndrome). You may be at increased risk of serious side effects, including difficulty swallowing or breathing.
- **If you have or have had any of the following:** a side effect from any botulinum toxin in the past; problems with breathing such as asthma or emphysema; swallowing; bleeding; diabetes; and slow heartbeat, or problems with your heart rate or rhythm.
- **If you have plans to have surgery,** had surgery on your face, have weakness of your forehead muscles (trouble raising your eyebrows), drooping eyelids, or any other change in the way your face normally looks.
- **If you are pregnant or breastfeeding or plan to become pregnant or breastfeed.** It is not known if Dysport can harm your unborn baby or if it passes into breast milk.
- **About all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal products. Using Dysport with certain other medicines may cause serious side effects. **Do not start any new medicines until you have told your doctor that you have received Dysport in the past.**

4 What are you (or your loved one) hoping to achieve from treatment? Select any of the options below.

Less stiffness in muscles

Medicine lasting longer between injection sessions

Helps me feel like I can do more physically

What other goals do you hope to achieve through treatment? What would achieving these goals mean to you?

## When considering Dysport, what else should you talk to your doctor about? Here are some examples of questions you might ask:

- What is Dysport?
- How does Dysport work?
- What are the possible side effects of Dysport?
- How will I know if Dysport is working?
- How long will I get relief with Dysport?
- Is Dysport something that may be right for me or my loved one?
- Will my insurance cover Dysport?
- What options do I have if Dysport is not covered by my insurance?
- Where can I get help with insurance issues or out-of-pocket costs related to treatment?
- What is IPSEN CARES® and how can it help me?

**Remember, the more you're able to share with your doctor, the better he or she will be able to help create a treatment plan that works best for you or your loved one.**

## Before you receive a Dysport injection tell your doctor: (continued)

**Especially tell your doctor if you have received** any other injections of botulinum toxin in the last four months or ever; Myobloc®, Botox®, or Xeomin® (exactly which ones); an antibiotic recently by injection; or if you take muscle relaxants; allergy, cold or sleep medicine.

## Most common side effects of Dysport in:

- **adults with lower limb spasticity include:** fall, muscle weakness, pain in your arms or legs.
- **adults with upper limb spasticity include:** muscle weakness.
- **children (2 to 17 years of age) with upper limb spasticity include:** upper respiratory infection and sore throat.
- **children (2 to 17 years of age) with lower limb spasticity include:** upper respiratory infection, stuffy or runny nose and sore throat, cough, and fever.
- **adults with cervical dystonia include:** muscle weakness, difficulty swallowing, dry mouth, injection site discomfort, tiredness, headache, muscle pain, problems speaking, injection site pain and eye problems.

**Tell your doctor if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of Dysport. For more information, ask your doctor or pharmacist.** You may report side effects to the FDA at [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

Please see accompanying full [Prescribing Information](#), including **Boxed Warning** and accompanying [Medication Guide](#).

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Dysport® (abobotulinumtoxinA) for injection, for intramuscular use 300- and 500-Unit vials.  
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